

Facts about colon cancer screening



Colon cancer is the **2nd leading cause of cancer deaths** among U.S. adults¹.



1 in 23 men and 1 in 25 women will be diagnosed with colon cancer in their lifetime¹.



Colon cancer can often **be prevented through regular screenings**. Screening is recommended for adults ages 45-75.



Colonoscopy is the most thorough test and is proven to detect disease. Colonoscopy is recommended every 10 years if no polyps are found.



If you have risk factors (inflammatory bowel disease, family history of colon cancer, history of polyps), you may need **to be screened earlier and more often**.



Ask your doctor about other screening tests that may be available to you, including home test kits. Screening tests are covered by health insurance.

Get screened. It could save your life.

To learn more about screening and which test may be best for you, talk with your doctor or visit [CDC.gov](https://www.cdc.gov) and search for "colon cancer."